

ADDITIONAL INFORMATION AND GUIDELINES FOR PREPARATION:

Communication:

Clear and efficient verbal communication between facilitators and participants is critical. Therefore, any participant that is hard of hearing, or that is less than fluent in the English language is a higher-than-normal risk. Any potential compromise in this area must be discussed with Sound View's director before your group's arrival so that an appropriate adaptive strategy can be coordinated.

Clothing:

Some portions of the ropes course can be hard on the hands. If this is a concern of yours, gloves are recommended. Wear comfortable clothing suitable for outdoors and the time of year. Please be aware rope burns or other participants can damage clothing. Please no skirts or dresses and wear shirts that are long enough to allow them to be tucked in. Please wear long pants. Caps are fine but may need to be removed for some elements. Do not wear large buckles or hairpieces or jewelry (including watches, bracelets, necklaces, earrings, and finger rings). Such items will have to be removed before participation to prevent injuries to self and others.

BEFORE PARTICIPATION, EMPTY POCKETS OF KEYS, KNIVES, AND WALLETS ETC.

Shoes:

The entire foot must be protected. No Sandals. Running shoes or lightweight hiking boots preferable.

Sound View will provide all necessary safety equipment such as ropes, belay devices, harnesses, and helmets. Water is located some distance from the high course. You may want to bring your own.

RELEASE OF LIABILITY

I have read all the above information about the Sound View Challenge Course, understand my responsibilities and will comply fully. I understand that participation may be physically and/or emotionally demanding. I affirm that my health is good and that I do not have any undisclosed condition, which bears upon my fitness to participate in these activities. I understand that injury or disability could occur during my participation. I participate of my own free choice and assume all obligations, financial and otherwise, which might result from my participation and any injury, which might occur. I release Sound View Camp, the Presbytery of Olympia, and other related agencies from all liability for any injury to me, or personal loss resulting from participation in Sound View activities.

Participant's Signature: _____ Date: _____

Address: _____ City: _____ St.: _____ Zip: _____

Home Telephone: (____) _____ Business Telephone: (____) _____

Parent/Guardian's Signature (if participant is under 18 years old):

Parent/Guardian Signature